

## Important Pre-Operative Instructions before your Vein Procedure with **SEDATION**

- Appointment(s) are tentative. Due to scheduling changes your appointment time may need to be adjusted. A staff member from our office will call you for your arrival time 1-3 days before your procedure. There may also be a change in the order of your leg procedures if you have multiple procedures.
  - Sclerotherapy for spider veins is not covered by insurance, if interested please discuss with your provider.
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### GENERAL INSTRUCTION

- ◆ Once your procedure has been scheduled, please notify us immediately if a conflict arises. **Patients who cancel their surgery without a 24-hour notice will be charged \$100.00.** This excludes patients who are COVID positive or have another medical issue.
- ◆ Do not stop taking your aspirin if currently prescribed by your healthcare provider. If you are taking anticoagulant or antiplatelet medications (“**blood thinners**”), please notify your vascular surgeon so an individual treatment plan can be made between your prescribing healthcare provider and our team.
- ◆ **Arrive 1 hour prior** to your scheduled procedure time. Expect to be with in the office for **approximately 3 hours**.
- ◆ If you shave your legs, do so the night before the procedure - not in the morning. If you do not routinely shave your legs, you are not required to do so. You may shower the morning of your appointment. **Please do not apply any oils or lotions or creams on your legs.**
- ◆ For your comfort and to accommodate for the bandages, please **wear loose-fitting clothing**. Slip-on shoes are recommended.
- ◆ Please be sure to **bring your compression stockings** with you the day of your procedure. We will apply them at the completion of the vein procedure. If you do not have stockings, please contact our office for a prescription.
- ◆ You will have minimal pain after your procedure for which you may take Ibuprofen or acetaminophen as directed if not contraindicated. Please have this available at home.

**SEE PAGE TWO**

## Please follow anesthesia instructions below or your procedure will be cancelled



**DO NOT EAT** after midnight before your scheduled procedure.  
**No gum or hard candies.**



**NO ALCOHOL** 24 hours before and after your procedure.



**DRIVER** – Please arrange for someone to drive you home and a responsible person to stay with you 24 hours after your procedure. Anesthesia guidelines are no driving or operating machinery for 24 hours after procedure.



**NO JEWELRY** – All piercings must be removed. You will be able to store your personal belongings in a locker. We are not responsible for lost valuables.



### MEDICATIONS

- ◆ Take regular morning medications with a sip of water as directed. If you are a **Diabetic**, please follow these general instructions, **UNLESS** specific instructions have been given by your endocrinologist.
- ◆ Take half your regular insulin dose the night prior to your procedure. Do not take your oral diabetic medications the day of your procedure.
- ◆ **Do not stop taking your aspirin** if you are currently prescribed by your healthcare provider. If you are taking **anticoagulant or antiplatelet medications (“blood thinners”)**, please notify our office at 631-638-1670 so an individual treatment plan can be made between your prescribing healthcare provider and our team.
- ◆ If you are taking **weekly** injectables such as:
  - Ozempic® (Semaglutide)
  - Wegovy® (Semaglutide)
  - Zepbound® (Tirzepatide)
  - Mounjaro® (Tirzepatide)
  - Trulicity® (Dulaglutide)
  - Bydureon® (Exenatide)

**Or** if you are taking Rybelsus® (Semaglutide) **orally**. Hold at least **one week** (7 days) before your procedure.
- ◆ If you are taking Vicoza® (Liraglutide) or Saxenda® (Liraglutide) injections please **hold 24 hours** before your procedure.
- ◆ If you are taking Byetta® (Exenatide) please hold the night before and morning of your procedure.
- ◆ If you are taking Benzavvy® (Bexagliflozin), Invokana® (Canagliflozin), Farziga® (Dapagliflozin), Jardiance® (Empagliflozin); **hold 3 days** prior to procedure.
- ◆ If you are taking Steglatro® (Empagliflozin); **hold 4 days** prior to procedure.

### Additional Instructions:

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If you have questions regarding above instructions, you can contact the nurse at 631-638-1677.  
A nurse will call the day before your procedure to review instructions and give your arrival time.

For general questions, please call the Vein Center at 631-638-1670  
or 631-444-8346 (VEIN).

**BRING PHOTO ID AND INSURANCE CARD** and **ARRIVE one hour** before your scheduled procedure.