



## Important Pre-Operative Instructions before your Vein Procedure with **LOCAL ANESTHESIA**

- **Appointment(s) are tentative. Due to scheduling changes your appointment time may need to be adjusted. A staff member from our office will call you for your arrival time 1-3 days before your procedure. There may also be a change in the order of your leg procedures if you have multiple procedures.**
- **Sclerotherapy for spider veins is not covered by insurance, if interested please discuss with your provider.**

### **GENERAL INSTRUCTIONS**

#### **(IF YOU PREFER SEDATION FOR PROCEDURE, PLEASE CALL THE OFFICE)**

- Once your procedure has been scheduled, please notify us immediately if a conflict arises. **Patients who cancel their surgery without a 24-hour notice will be charged \$100.00.** This excludes patients who are COVID positive or have another medical issue.
- Do not stop taking your aspirin if currently prescribed by your healthcare provider. If you are taking anticoagulant or antiplatelet medications (“**blood thinners**”), please notify your vascular surgeon so an individual treatment plan can be made between your prescribing healthcare provider and our team.
- **Arrive 1 hour prior** to your procedure scheduled time. Expect to be with in the office for **approximately 3 hours.**
- If you shave your legs, do so the night before the procedure - not in the morning. If you do not routinely shave your legs, you are not required to do so. You may shower the morning of your appointment. **Please do not apply any oils or lotions or creams on your legs.**
- For your comfort and to accommodate for the bandages, please **wear loose-fitting clothing.** Slip-on shoes are recommended.
- Please be sure to **bring your compression stockings** with you the day of your procedure. We will apply them at the completion of the vein procedure. If you don't have stockings, please contact our office for a prescription.
- You will have minimal pain after your procedure for which you may take Ibuprofen or acetaminophen as directed if not contraindicated. Please have this available at home.

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**Please follow instructions below or your procedure will be cancelled**



**NO ALCOHOL** 24 hours before and after your procedure.



**DRIVER** – Please arrange for someone to drive you home and a responsible person to stay with you 24 hours after your procedure.



**NO JEWELRY** – All piercings must be removed. You will be able to store your personal belongings in a locker. We are not responsible for lost valuables.



**MEDICATIONS**

- Take regular morning medications.
- **Do not stop taking your aspirin** if you are currently prescribed by your healthcare provider. If you are taking **anticoagulant or antiplatelet medications (“blood thinners”)**, please notify our office at 631-638-1670 so an individual treatment plan can be made between your prescribing healthcare provider and our team.

**Additional Instructions:**

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If you have questions regarding above instructions, you can contact the nurse at 631-638-1677.

For general questions, please call the Vein Center at 631-638-1670  
or 631-444-8346 (VEIN).

**BRING PHOTO ID AND INSURANCE CARD** and **ARRIVE one hour** before your scheduled procedure.