Stony Brook Medicine

Stony Brook Surgical Associates
23 South Howell Ave. Suite G
Centereach, NY 11720
Office Phone: 631-638-1670\n
Pre-Operative Instructions For Procedures
with SEDATION

Please follow instructions below or your procedure will be cancelled.

DO NOT eat anything 8 hours before your scheduled procedure.

YOU MAY have clear liquids 4 hours before your scheduled procedure such as water, apple juice, black coffee or tea. **NO milk products!!** (Not even a drop!)

NO ALCOHOL 24 hours before and after your procedure.

DRIVER – You need someone to drive you home and a responsible person should stay with you for 24 hours after your procedure.

NO JEWELRY—All piercings must be removed. We are not responsible for lost valuables.

MEDICATIONS – Take regular morning medications with sip of water unless otherwise directed.

- If you’re on a blood thinner refer to anticoagulation instruction sheet given to you.
- If you’re a Diabetic follow these instructions:

BRING PHOTO ID AND INSURANCE CARD and **ARRIVE 1 hour** before your scheduled procedure.