



Stony Brook Medicine

Pre-Operative Instructions For Procedures with SEDATION

Stony Brook Surgical Associates
23 South Howell Ave. Suite G
Centereach, NY 11720
Office Phone: 631-638-1670

Please follow instructions below or your procedure will be cancelled.



DO NOT eat anything 8 hours before your scheduled procedure.



YOU MAY have clear liquids 4 hours before your scheduled procedure such as water, apple juice, black coffee or tea. **NO milk products!!** (Not even a drop!)



NO ALCOHOL 24 hours before and after your procedure.



DRIVER – You need someone to drive you home and a responsible person should stay with you for 24 hours after your procedure.



NO JEWELRY—All piercings must be removed. We are not responsible for lost valuables.



MEDICATIONS – Take regular morning medications with sip of water unless otherwise directed.

- If you're on a blood thinner refer to anticoagulation instruction sheet given to you.
- If you're a Diabetic follow these instructions:



BRING PHOTO ID AND INSURANCE CARD and



ARRIVE 1 hour before your scheduled procedure.