



## **Endovenous Ablation or Ambulatory Phlebectomy** **Important Information Before Your Procedure**

- ✓ Your procedure with Dr. \_\_\_\_\_ will be on \_\_\_\_\_ at \_\_\_\_\_ **am/pm**.
- ✓ Your procedure will be performed at the following location: \_\_\_\_\_.
- ✓ Your procedure will consist of \_\_\_\_\_.
- ✓ Once your procedure has been scheduled, please notify us immediately if a conflict arises; as we have many patients needing procedure. In order to provide the most efficient scheduling to our patients, **surgery cancellations without a 24-hour notice will be charged \$100.00**. Cancellations can be made at ANY time by calling **(800) 345-VEIN or (631) 444-VEIN**.
- ✓ If you are taking **Coumadin or Plavix**, please notify our office (631-444-2040) so an individual treatment plan can be made between all interested parties, including your primary care physician.
- ✓ Plan to **arrive 30 minutes prior** to your procedure. You will be in the office for about 2 hours, with the procedure taking about 1 hour with additional time for checking in, prepping and bandaging.
- ✓ Women, please shave your legs the night before the procedure - not in the morning. Men who do not routinely shave their legs are not required to do so. You may shower the morning of your appointment. **Please do not apply any oils or lotions or creams to the leg.**
- ✓ You should **have a small meal** prior to coming in for the procedure. You will receive local anesthetic, so there is no need to arrive with an empty stomach.
- ✓ Please arrange for **someone to drive you home**. The pain will be minimal but, a bulky dressing on the leg will make driving unsafe.
- ✓ For your comfort, please **wear loose-fitting clothing** following your procedure. Slip-on shoes are also recommended.
- ✓ Please be sure to **bring your compression stockings** with you the day of your procedure. We will apply them at the completion of the vein procedure.
- ✓ You will have minimal pain after the procedure for which you may take Ibuprofen or Advil.
- ✓ Please notify your physician if you are breastfeeding prior to the procedure. Someone will provide you guidance regarding breastfeeding your baby.

[www.stonybrookveincenter.com](http://www.stonybrookveincenter.com)

222 Middle Country Rd, Suite 209  
Smithtown, NY 11787

160 Middle Road, Ste 3  
Sayville, NY 11872

864 W. Jericho Turnpike  
Huntington, NY 11743

1165 Northern Blvd, Suite 301  
Manhasset, NY 11030

23 South Howell, Suite G-J  
Centereach, NY 11720

993 Park Ave  
Manhattan, NY 10028